

100% ORGANIC MEXICAN FOOD

## TACO QUESADILLAS

Choose one filling on the right for each taco quesadilla. Served with organic tortilla chips or organic greens with Ivano's signature salad dressing.

		(GF) Keto		
	Corn(GF)	Flour or Kamut	Tumeric or Chipotle	Add Avocado
aco Quesadilla	9.99	12.99	13.99	.99
co Quesadillas	14.99	19.99	20.99	1.99
co Quesadillas	20.99	29.99	30.99	2.99



1 Ta

2 Tac

3 Tac

Fresh oven baked bun filled with flavours of cashew sauce, pickled onions, avocado, salsa, cheese and your choice of any meat filling or vegetarian. Served with organic chips or organic greens with Ivano's signature salad dressing. 21.99
\*Vegan available

### GRILLED SANDWICH

Choose one filling from above. Served with avocado, plus organic tortilla chips or organic greens with Ivano's signature salad dressing 18.75



### CORN BEAN TACOS

3 Corn Bean Tacos 16.99

Add Avocado 2.99 Add Meat to All 4.99

# Breakfast SERVED UNTIL 4 P.M.

### IVAND EGUT SCRAMBLE

Three scrambled eggs, cheese, salsa, and choice of style: Ratatouille, Mushroom, Chicken, Beef, or Chorizo, topped with cashew sauce and avocado.

18.25

Keto friendly

Add a crispy corn tortilla with beans & cheese



#### VEGETARIAN OR VEGAN FILLING

#### The Avocado

Pinto beans, fresh salsa and avocado

#### Ratatouille

Vegetables baked in a garlic, tomato, and olive oil sauce with Mexican spices

#### Mushroom

Fresh seasonal mushrooms cooked in IvanoPoblano's signature sauce

#### CARNE FILLING

#### Chicken

Organic shredded chicken breast, slow cooked with Mexican spices and Ivano's signature flavours.

#### Beef

Organic Barbacoa pulled beef slow cooked for 10 hours with Mexican spices and Ivano's signature flavours

#### Chorizo

Housemade Mexican style ground pork chorizo with Mexican spices and Ivano's signature flavours

#### **Breakfast**

Scrambled eggs, pinto beans, and fresh salsa. Served until 4 p.m.



### GRTIVANO

Crispy baked flour or kamut tortilla, filled with flavours of cashew sauce, old cheddar, and your choice of ratatouille, the avocado, chicken, beef, chorizo or breakfast\*. Topped with sauted mushrooms, pickled onions and avocado. Served with organic tortilla chips or organic greens with Ivano's signature salad dressing. 22.99

Substitute Keto Tumeric tortilla or Keto Chipotle tortilla for \$1.99 ● Vegan option available.
\*Breakfast filling served before 4 p.m.

### CHILAQUILES

Famous Mexican breakfast!
Made from four crispy corn tortillas,
scrambled eggs, salsa, and cheese. Served
with pinto beans and sour cream.

18.2

Add Avocado 2.99 Add Meat 5.49

### HUEVOS PANCHEROS

Ivano's signature take on this classic breakfast dish. Sunny-side egg on top of a corn tortilla, warm beans, melted cheese,

avocado and salsa. 1 12.99

2 21.99

3 29.99

Add Chorizo 2.99 each

### FRENCH TOAST

Kamut bread, organic butter and eggs grilled with crispy cheese, served with organic syrup and topped with roasted walnuts. 17.99

Add an extra side of french toast 6.49

All our ingredients are organic and we cook with Quebec old cheddar, which is naturally lactose free! Any corn or keto dishes are gluten free • same with all the fillings. IvanoPoblano is a licensed establishment. Sorry we do not take reservations. We operate on a first come first served basis.

### **Appetizers**

#### QUESO FUNDIDO

Bubbling hot cheese fresh from the oven with Ivano's housemade chorizo and pickled onions. Served with corn tortilla triangles, salsa & lime. .

\*Vegetarian available 20.99

BEAN & SALSA DIP

Ivano's signature bean dip served
with two warm, crispy tortillas melted
with cheese, and garnished with salsa and avocado. Vegan option available. Additional warm cheese tortilla 4.99 15.75

#### MI CASA HOUSE SALAD

Ivano's signature salad dressing topped on organic greens with organic greek sheep feta cheese, cherry tomatoes, and pumpkin seeds.

Add avocado 3.49

### CHIPS & SALSA

Ivano's signature organic salsa paired with organic tortilla chips.

15.25

## **Drinks**

Sapsucker Organic Tree Sparkling Lime, Lemon, or	e Water Original	6.99
Organic Ginger Beer	6.99	
Flow Water		4.25
Agua Fresca		7.99
Organic Tea Green, Black, Ginger, Peppermint or Chamomile		
Americano		4.49
Iced Americano		6.49
Espresso	Single	3.99
	Double	4.49
Organic Kombucha		7.25

Modelo Especial	
Tall Can 473 ml	10.99
Bottle 355 ml	8.25
Negra Modelo	8.25
Anderson's Cream Ale	7.25
Anderson's IPA	7.25

Organic Pino Grigio / Cabernet Sauvignon

Glass 6 oz. 12.99 1/2 Litre 31.99 42.99 Bottle

Segura Viudas Brut Reserva Cava Bottle

IVAND BITES

Four bites of crispy corn tortilla, each topped with old cheddar, pinto beans, avocado, feta, salsa, and cashew sauce. Vegan option available.

15.75





### TEQUILA SHOTS

House Tequila 10.99 14.99 Don Julio Blanco

### Desserts

#### ORGANIC COCONUTICE CREAM

Dairy-Free • Gluten-Free

44.99

One Scoop 5.99 Two Scoops 9.99

#### MUFFINS Delicious and

moist spelt, low sugar with seasonal fruit. No tax on 6 or more muffins 3.85



MEXICAN CHOCOLATE BREAD PUDDING

Delicious, warm spelt, low sugar dessert with seasonal fruit and garnished with roasted walnuts. 10.99

Add a scoop of vanilla coconut ice cream 4.49

### Sides

Sour Cream (2 oz)	1.99
Salsa (2 oz)	2.49
Ivano Hot Sauce (2 oz)	2.49
Pinto Beans (2 oz)	2.99
Avocado	3.49
Tortilla Chips	4.49
Sheep Feta Cheese	4.99
Cashew Sauce	3.99
House Greens with Signature Salad Dressing	5.25

#### TEQUILA AGUA FRESCA

IvanoPoblano's Signature Drink. Inspired by a famous Mexican drink from the Aztecs. Strawberry lemonade with premium tequila and triple sec (1 1/2 ounces). Delicious and refreshing with no added sugar Also available with premium vodka

13.75

#### VODKA LEMONADE

Lemon Squeezy • All natural ingredients to craft a vibrant, refreshing lemonade that's bursting with citrusy goodness. Lemon-forward flavour combines with a slight tang on the pallet for an adult version of your classic summer go-to



Las Mulas.

SUEL TORRES

segura Viudas

RESERVA
METODO TRADICIONAL
CAVA
HEREDAD SEGURA VIUDAS